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Friday 17th April 2026

Dear Parents/Carers

**Jigsaw Personal, Social and Health Education (PSHE) Sex and Relationship Education (SRE) curriculum Consultation**

This school year we have been embedding the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We are sure you will have heard about the Jigsaw Friends and Calm Me time.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Years 5 and 6 lessons look more fully at puberty and human reproduction.

We warmly like to invite you to attend a session at school in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups and share all the planning and resources that will be used in these sessions. Unfortunately, due to copyright laws, we are unable to send any of the resources out to parents and carers.

We will be holding two sessions so that parents and carers have a choice to suit your schedules.

Please join us on either:

**Thursday 30th April 2026 in the hall**

**Session 1 at 8.45am or Session 2 at 2.15pm**

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers and also wish to inform you of your legal right to withdraw your children from some aspects of this work following your attendance to the open consultation where you can see all the planning and resources.



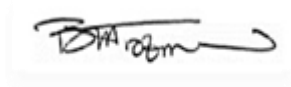
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Relationships Education and Health Education are statutory for all primary schools but we would value the opportunity to share these statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and also the aspects parents have the right to withdraw their children from.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have.

Please let us know if you are able/not able to attend by confirming your attendance by via email or you can pop into the school office.

Yours sincerely



Mrs B Trotman  
Principal



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