



North Northamptonshire Leisure

Join us for some summer holiday activities!

1:1 Swimming Lessons

Courses running weekly
x1 lesson per day
Monday – Friday

Various times & instructors
available
£71.50 per week.

Group Intensive Lessons

Stages 1 – 4
x5 day course
Monday – Friday
£42

Various times/weeks
depending on stage required.

Stage 5 & 6 Stroke Development

Monday 28th July –
Friday 1st August.

Join Kirsty between 12-1pm for a
5-day course covering all 4 strokes.
Working on your technique over 25
metres.
£52.40

Diving Taster Sessions

Join Warren for a taste of our Level 1 diving!

Monday 28th July
Monday 4th August
Monday 11th August

2.30pm - £8.40 per session.

30-minute lesson to covering the basics of
diving from the diving boards.
Instructor led lesson.

Teen Beginner & Improvers

Aimed at older children from 11-15yrs.

Build their confidence and swimming ability.

Improvers required to be able to swim a minimum
of 15 metres.

5 day courses running Monday – Friday
W/C Monday 4th August &
W/C Monday 18th August
£42

Water Safety & Rescue Skills

Going away this summer by the pool or near
the sea or want to learn a new skill?

Join Kirsty to learn and build your
knowledge of water safety and learn
self-rescue techniques!

Building your confidence in deep water.

Children will work toward
Water Safety 2 award.

Children required to be Stage 4 or 5.

Monday 11th August & Tuesday 12th August
Monday 18th August & Tuesday 19th August
2 day course 11am-12pm
£20.96

Pre Competition Development

For children in stages 7,8,9 who are interested
in joining a swimming club.

They cover starts and turns, stroke
development and race technique. £52.40

Monday 4th – 8th August. 12-1pm.

For more information, contact us on:
corbyaquaticofficer@northnorthants.gov.uk

Location: Corby East Midlands International Pool, Parkland gateway, George
Street, Corby, NN17 1QB

Website: www.nnleisure.co.uk

Phone: 01536 464643