

Hazel Leys Primary Academy - PE Curriculum Journey Map (2024 – 2026)

Year Group	Concepts / NC Aims	PE Pillars of Progress (Ofsted, 2022)	Autumn		Spring		Summer		National Age-Related Expectations EYFS ELGs / NC Attainment Targets
			Term 1	Term 2	Term 3	Term 4	Term 5	Term 6	
R	Personal, Social and Emotional Development Physical Development Expressive Arts and Design	Motor Competence	First PE (Early Years - EY) PPP	Enjoy A Ball (EY) PPP	FMS: Football FUNDamentals (EY) PPP	PPP FMS: Multi-Skills (EY) PPP	FMS: Athletic Skills – Athletics (EY) PPP	Develop Ball Skills through Tennis Skills (EY) PPP	<p>PSED ELG: Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>Manage their own basic hygiene and personal needs, including dressing</p> <p>Work and play cooperatively and take turns with others.</p> <p>PD ELG: Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p>EAD ELG: Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.</p>
			FMF: Movement to Music: Dance - Jungle (EY) PPP	FMF: Movement to Music: Dance – Fairy Tale (EY) PPP	FMF: Movement to Music: Dance-Super Hero (EY) PPP	FMS Gymnastics (EY) PPP	FMF: Movement to Music: Dance-Word Moves (EY) PPP	FMF: Movement to Music: Dance - Seaside (EY) PPP	
1	Develop competence to excel in a broad range of physical activities.	Healthy Participation	Outdoor and Adventurous Activities (Yr1) PPP	FMS: Gymnastics (Yr1 Learning Intentions) PPP	Team Games – Ball Games (Yr1) PPP	Developing less traditional Activities: Yoga (Yr1 Learning Intentions) PPP	FMS: Ball Skills (Yr1 – Lessons 1 – 6) PPP	FMS: Ball Skills (Yr1 – Lessons 7 - 12) PPP	<p>Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p>
			Team Games: Football FUNDamentals (Yr1) PPP	FMF: Dance - Space PPP	FMF: Dance -Olympics PPP	FMS: Multi-Skills (Yr1) PPP	Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP	Team Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP	
2	Are physically active for sustained periods of time.	Rules, Strategies and Tactics	Outdoor and Adventurous Activities (Yr2) PPP	FMS: Gymnastics (Yr2 Learning Intentions) PPP	Team Games – Ball Games (Yr2) PPP	Health Related Fitness: Pirate Fitness PPP	Developing less traditional Activities: Yoga (Yr2 Learning Intentions) PPP	Tennis Skills Tennis (KS1 - Yr 2 Learning Intentions) PPP	<p>They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.</p>
			Team Games: Football FUNDamentals (Yr2) PPP	FMF: Dance - Winter (or pick topic) PPP	FMF: Dance – Fire of London (or pick topic) PPP	Athletic Skills: Indoor Athletics (Yr2 Learning Intentions) PPP	Athletic Skills: Athletics (Yr2 Learning Intentions) PPP	Team Games Kwik Cricket (KS1 - Yr2 Learning Intentions) PPP	
3	Engage in competitive sports and activities.	Rules, Strategies and Tactics	Outdoor and Adventurous Activities (Yr3) PPP	Gymnastics (Yr3) PPP	Multi-Skills (KS2 – Yr3 Learning intentions) PPP	HRF (Circuits): Fitness (KS2 – Yr3 Circuits 1-3) PPP	Swimming	Developing less traditional Activities – Handball	<p>Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.</p> <p>They should enjoy communicating, collaborating and competing with each other.</p> <p>They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.</p>
			Competitive Games Football (KS2 – Yr3 Learning intentions) PPP	Tennis (KS2 -Yr 3 Learning Intentions) PPP	Athletics (KS2 - Yr3 Learning Intentions) PPP	Competitive Games Kwik Cricket (KS2 – Yr3 Learning intentions) PPP		Competitive Games Rounders (KS2 – Yr3 Learning intentions) PPP	
4	Lead healthy, active lives.	Rules, Strategies and Tactics	Outdoor and Adventurous Activities VS	Gymnastics (Yr4) PPP	Tennis (KS2 -Yr 4 Learning Intentions) PPP	Swimming	Athletics (KS2 - Yr4 Learning Intentions) PPP	Developing less traditional Activities – Handball	<p>Swimming and water safety</p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations.</p>
			Competitive Games: Tag Rugby (KS2 – Yr4 Learning intentions) PPP	Dance (Yr4) PPP	Multi-Skills (KS2 – Yr4 Learning intentions) PPP		Competitive Games Kwik Cricket (KS2 – Yr4 Learning intentions) PPP	Competitive Games Rounders (KS2 – Yr4 Learning intentions) PPP	
5	Lead healthy, active lives.	Rules, Strategies and Tactics	Outdoor and Adventurous Activities (Yr5) PPP	Gymnastics (Yr5) PPP	Swimming	Athletics (KS2 – Yr5 Learning Intentions) PPP	Multi-Skills (KS2 – Yr5 Learning intentions) PPP	Developing less traditional Activities – Handball	<p>Swimming and water safety</p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations.</p>
			Competitive Games Tag Rugby (KS2 – Yr5 Learning intentions) PPP	Tennis (KS2 -Yr 5 Learning Intentions) PPP		HRF (Circuits): Fitness (KS2 – Yr5 Circuits 4-6) PPP	Competitive Games Basketball (KS2 – Yr5 Learning intentions) PPP	Competitive Games Rounders (KS2 – Yr5 Learning intentions) PPP	
6	Lead healthy, active lives.	Rules, Strategies and Tactics	Swimming	Gymnastics (Yr6) PPP	Developing less traditional activities: Leadership Yr6 PPP	Indoor Athletics (Yr6 Learning Intentions) PPP	HRF (Circuits): Fitness (KS2 – Yr5 Circuits 4-6) PPP	Developing less traditional Activities - Dodgeball (KS2 – Yr6 Learning intentions) PPP	<p>Swimming and water safety</p> <p>Swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>Perform safe self-rescue in different water-based situations.</p>
				Tennis (KS2 -Yr 6 Learning Intentions) PPP	Competitive Games Basketball (KS2 – Yr6 Learning intentions) PPP	Athletics (KS2 – Yr6 Learning Intentions) PPP	Competitive Games Tag Rugby (KS2 – Yr6 Learning intentions) PPP	Competitive Games Rounders (KS2 – Yr6 Learning Intentions) PPP	
KS3 AIMS	<p>Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.</p> <p>They should understand what makes a performance effective and how to apply these principles to their own and others' work.</p> <p>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.</p>								