

## Hazel Leys Primary Academy - PE Curriculum Journey Map (2023/24)

| Year Group | Concepts / NC Aims   | PE Pillars of Progression (Ofsted, 2022)  | Autumn   |   | Spring  |  | Summer  |   | National Age-Related Expectations EYFS ELGs / NC Attainment Targets  |
|------------|--|---|--|---|---|--|---|---|--|
|            |  |   | Term 1   | Term 2  | Term 3  | Term 4   | Term 5  | Term 6  |  |
| R          | Personal, Social and Emotional Development<br><br>Physical Development<br><br>Expressive Arts and Design   | <div>Motor Competence</div> <div>Healthy Participation</div> <div>Rules, Strategies and Tactics</div> | First PE (Early Years - EY) PPP                                  | Enjoy A Ball (EY) PPP                             | FMS: Football FUNDamentals (EY) PPP                               | PPP FMS: Multi-Skills (EY) PPP   | FMS: Athletic Skills – Athletics (EY) PPP                                     | Develop Ball Skills through Tennis Skills (EY) PPP  | <b>PSED ELG:</b> Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly<br><b>PD ELG:</b> Manage their own basic hygiene and personal needs, including dressing<br>Work and play cooperatively and take turns with others.<br><b>PD ELG:</b> Negotiate space and obstacles safely, with consideration for themselves and others.<br>Demonstrate strength, balance and coordination when playing.<br>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.<br><b>EAD ELG:</b> Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music. |
|            | FMF: Movement to Music: Dance - Jungle (EY) PPP  |   | FMF: Movement to Music: Dance – Fairy Tale (EY) PPP              | FMF: Movement to Music: Dance-Super Hero (EY) PPP | FMS Gymnastics (EY) PPP   | FMF: Movement to Music: Dance-Word Moves (EY) PPP                          | FMF: Movement to Music: Dance - Seaside (EY) PPP                              |   |  |
| 1          | Develop competence to excel in a broad range of physical activities.   |   | Outdoor and Adventurous Activities (Yr1) PPP                     | FMS: Gymnastics (Yr1 Learning Intentions) PPP     | Team Games – Ball Games (Yr1) PPP                                 | Developing less traditional Activities: Yoga (Yr1 Learning Intentions) PPP | FMS: Ball Skills (Yr1 – Lessons 1 – 6) PPP                                    | FMS: Ball Skills (Yr1 – Lessons 7 - 12) PPP   | Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.  |
|            |  |   | Team Games: Football FUNDamentals (Yr1) PPP                      | FMF: Dance - Space PPP                            | FMF: Dance -Olympics PPP  | FMS: Multi-Skills (Yr1) PPP  | Running, Jumping and Throwing Skills: Athletics (Yr1 Learning Intentions) PPP | Team Games Kwik Cricket (KS1 - Yr1 Learning Intentions) PPP                               |  |
| 2          | Are physically active for sustained periods of time.   |   | Outdoor and Adventurous Activities (Yr2) PPP                     | FMS: Gymnastics (Yr1 Learning Intentions) PPP     | Team Games – Ball Games (Yr2) PPP                                 | Health Related Fitness: Pirate Fitness PPP                                 | Developing less traditional Activities: Yoga (Yr2 Learning Intentions) PPP    | Tennis Skills Tennis (KS1 - Yr 2 Learning Intentions) PPP                                 | They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.   |
|            |  |   | Team Games: Football FUNDamentals (Yr2) PPP                      | FMF: Dance - Winter (or pick topic) PPP           | FMF: Dance – Fire of London (or pick topic) PPP                   | Athletic Skills: Indoor Athletics (Yr2 Learning Intentions) PPP            | Athletic Skills: Athletics (Yr2 Learning Intentions) PPP                      | Team Games Kwik Cricket (KS1 - Yr2 Learning Intentions) PPP                               |  |
| 3          | Engage in competitive sports and activities.   |   | Outdoor and Adventurous Activities (Yr3) PPP                     | Gymnastics (Yr3) PPP                              | Swimming  | Multi-Skills (KS2 – Yr3 Learning intentions) PPP                           | Athletics (KS2 - Yr3 Learning Intentions) PPP                                 | Tennis Skills Tennis (KS2 - Yr 3 Learning Intentions) PPP                                 | Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement.  |
|            |  |   | Competitive Games Football (KS2 – Yr3 Learning intentions) PPP   | Dance – Science (or pick topic) PPP               |   | HRF (Circuits): Fitness (KS2 – Yr3 Circuits 1-3) PPP                       | Tennis (KS2 -Yr 3 Learning Intentions) PPP                                    | Competitive Games Kwik Cricket (KS2 – Yr3 Learning intentions) PPP                        |  |
| 4          | Lead healthy, active lives.  |   | Outdoor and Adventurous Activities VS                            | Gymnastics (Yr4) PPP                              | Competitive Games: Basketball (KS2 – Yr4 Learning intentions) PPP | Swimming   | Athletics (KS2 - Yr4 Learning Intentions) PPP                                 | Developing less traditional Activities – GOLF (Golf Foundation)                           | They should enjoy communicating, collaborating and competing with each other.<br><br>They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.   |
|            |  |   | Competitive Games: Tag Rugby (KS2 – Yr4 Learning intentions) PPP | Dance – Egyptian (or pick topic) PPP              | Multi-Skills (KS2 – Yr4 Learning intentions) PPP                  |  | Tennis (KS2 -Yr 4 Learning Intentions) PPP                                    | Competitive Games Rounders (KS2 – Yr4 Learning intentions) PPP                            |  |
| 5          |  |   | Outdoor and Adventurous Activities (Yr5) PPP                     | Gymnastics (Yr5) PPP                              | Multi-Skills (KS2 – Yr5 Learning intentions) PPP                  | Athletics (KS2 – Yr5 Learning Intentions) PPP                              | Swimming  | Developing less traditional Activities – GOLF (Golf Foundation)                           | <b>Swimming and water safety</b><br>Swim competently, confidently and proficiently over a distance of at least 25 metres<br><br>Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]<br><br>Perform safe self-rescue in different water-based situations.  |
|            |  |   | Competitive Games Tag Rugby (KS2 – Yr5 Learning intentions) PPP  | Dance – Romans (or pick topic) PPP                | Competitive Games Basketball (KS2 – Yr5 Learning intentions) PPP  | HRF (Circuits): Fitness (KS2 – Yr5 Circuits 1-3) PPP                       |   | Competitive Games Rounders (KS2 – Yr5 Learning intentions) PPP                            |  |
| 6          |  |   | Swimming   |   | Developing less traditional activities: Leadership Yr6 PPP        | Indoor Athletics (Yr6 Learning Intentions) PPP                             | Athletics (KS2 – Yr6 Learning Intentions) PPP                                 | Developing less traditional Activities - Dodgeball (KS2 – Yr6 Learning intentions) PPP    |  |
|            |  |   |  |   | Competitive Games Basketball (KS2 – Yr6 Learning intentions) PPP  | HRF (Circuits): Fitness (KS2 – Yr5 Circuits 4-6) PPP                       | Tennis (KS2 -Yr 6 Learning Intentions) PPP                                    | Competitive Games Rounders (KS2 – Yr6 Learning Intentions) PPP<br><b>Top- Up Swimming</b> |  |
| KS3 AIMS   | Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities.<br>They should understand what makes a performance effective and how to apply these principles to their own and others’ work.<br>They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity. |   |  |   |   |  |   |   |  |