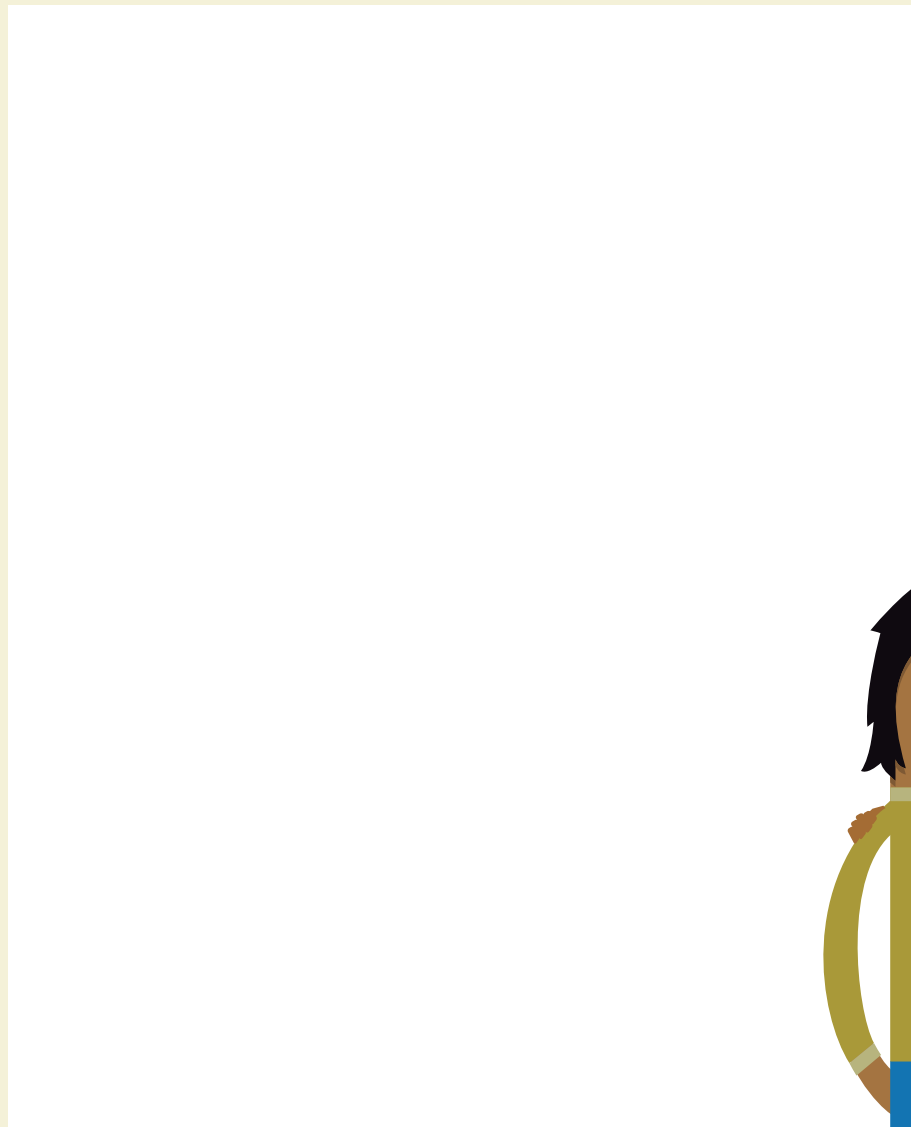


TIME OUT FOR PARENTS



HANDLING ANGER IN THE FAMILY

Sessions for anyone parenting children aged 5 to 16



Common-sense, jargon-free information
and ideas to help you to engage with your
children and boost your relationship