

PE Curriculum Map (2019-20)

Year Group		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery		Sticky kids/ Music and movement / Gross motor activities/ Multi-skills & Games					
		Outdoor learning					
Reception-		Racing and chasing games		Gymnastics- Large Apparatus		Small apparatus/ Competitive games & being a good sport	
		Outdoor learning/ Multi-skills & Games					
1	Wednesday AM	Team Games Real PE	Dance Cambridge Scheme Moving words	Gym	Dance	Athletics Skills/ Throwing skills	Athletics Skills/ Competitive sport
	Monday AM	Fundamental Ball Skills Cambridge Scheme – Unit 1	Gym Cambridge Scheme Jumping Jacks	Fundamental Ball Skills Cambridge Scheme – Unit 2	Team Games Real PE	OAA Cambridge KSI scheme	OAA
2	Friday PM	Team Games Real PE	Dance Cambridge Scheme The great fire of London	Gym	Dance	Athletics Skills/ Throwing skills	Athletics Skills/ Competitive sport
	Monday PM	Fundamental Ball Skills Cambridge Scheme – Unit 1	Gym Cambridge Scheme Points of contact	Fundamental Ball Skills Cambridge Scheme – Unit 2	Team Games Real PE	OAA Cambridge KSI scheme	OAA
3	Tuesday PM	Badminton	Dance Cambridge Scheme – Part 2	Rugby Coached By Northampton Saints	Dance Cambridge Scheme – Part 2 Machines	Athletics Skills/ Throwing skills Cambridge Scheme – Part 2	Athletics Skills/ Competitive sport Cambridge Scheme – Part 2
		Games Ball Handling Skills	Gym Cambridge scheme of work		Non Traditional: Cheerleading	Cricker	OAA Cambridge Lower KS2 scheme
4	Tuesday PM	Invasion Games Tag Rugby- look at skills needed for year 6 Unit	Dance Cambridge Scheme Cold places OR Rugby the Haka	Rugby Coached By Northampton Saints	Non Traditional: Tri-Golf School games Framework	Swimming	Swimming
		Invasion Games Cambridge Scheme – Part 1 Ball on the Ground	Gym Cambridge Scheme – Part 1 Principles of balance		Multi skills/ Health & Fitness Challenge REAL PE Fusion games / H&F unit	Athletics Skills/ Competitive sport Cambridge Scheme – Part 2 Pentathlon	OAA Cambridge Lower KS2 scheme
5	Thursday PM	OAA Cambridge Upper KS2 scheme	Dance Cambridge Scheme Dance styles OR On the beach	Dance/ Gym skills of Balance and coordination taught through Boxing	Invasion Games Cambridge Scheme – Part 1 Football	Netball Cambridge Scheme – Part 1 Games/ Netball	Athletics Skills/ Competitive sport Cambridge Scheme – Part 1 Heptathlon
	Wednesday PM	Swimming	Swimming	Swimming	Swimming	Multi skills/ Health & Fitness Challenge REAL PE Fusion games / H&F unit	OAA Cambridge Upper KS2 scheme
6	Thursday PM	Leadership and Team Challenge Training for playmaker award OAA	Dance Cambridge Scheme Football OR Why Bully Me?	Dance/ Gym skills of Balance and coordination taught through Boxing	Non Traditional Yoga / Pilates	Health & Fitness Challenge REAL PE Fusion games / H&F unit	Top Up Swimming
	Wednesday PM	Invasion Games Cambridge Scheme – Part 1 Hockey	Real PE Unit Bench Ball	Non Traditional Table-Tennis	Invasion Games Cambridge Scheme – Part 1 Tag Rugby	Athletics Skills/ Competitive sport Cambridge Scheme – Part 1 Decathlon	OAA Cambridge Upper KS2 scheme