



# PE Curriculum Map (2020-21)

Year Group		Autumn		Spring		Summer	
		Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery		Sticky kids/ Music and movement / Gross motor activities					
		Outdoor learning/ Multi-skills & Games					
Reception-		Racing and chasing games		Gymnastics- Large Apparatus		Small apparatus/ Competitive games & being a good sport	
		Outdoor learning/ Multi-skills & Games					
1		Team Games Real PE	Dance Cambridge Scheme/ Moving words	Gym	Dance Multi skills- balance and coordination	Athletics Skills/ Throwing skills	Athletics Skills/ Competitive sport
		Fundamental Ball Skills Cambridge Scheme – Unit 1	Gym Cambridge Scheme Jumping Jacks	Fundamental Ball Skills Cambridge Scheme – Unit 2	Team Games Real PE	OAA Cambridge KSI scheme	OAA
2		Team Games Real PE	Dance Cambridge Scheme The great fire of London	Gym	Dance Multi skills- balance and coordination	Athletics Skills/ Throwing skills	Athletics Skills/ Competitive sport
		Fundamental Ball Skills Cambridge Scheme – Unit 1	Gym Cambridge Scheme Points of contact	Fundamental Ball Skills Cambridge Scheme – Unit 2	Team Games Real PE	OAA Cambridge KSI scheme	OAA
3		Net Wall games - Badminton	Dance Cambridge Scheme – Part 2	Rugby Coached By Northampton Saints	Dance Cambridge Scheme – Part 2 Machines	Athletics Skills/ Throwing skills Cambridge Scheme – Part 2	Athletics Skills/ Competitive sport Cambridge Scheme – Part 2
		OAA Cambridge Lower KS2 schem	Games Ball Handling Skills		Non Traditional: Cheerleading	Striking and fielding –Cricket	Gym Cambridge scheme of work
4		Invasion Games Tag Rugby- look at skills needed for year 6 Unit	Dance Cambridge Scheme Cold places OR Rugby the Haka	Rugby Coached By Northampton Saints	Non Traditional: Tri-Golf School games framework	Swimming OR Striking and fielding games	Swimming OR Athletics/ competitive sport
		OAA Cambridge Lower KS2 scheme	Invasion Games Cambridge Scheme – Part 1 Ball on the Ground		Multi skills/ Health & Fitness Challenge REAL PE Fusion games / H&F unit	Athletics Skills/ Competitive sport Cambridge Scheme – Part 2 Pentathlon	Gym Cambridge Scheme – Part 1 Principles of balance
5		Invasion Games Cambridge Scheme – Part 1 Football	Dance Cambridge Scheme Dance styles OR On the beach	Dance/ Gym skills of Balance and coordination taught through Boxing	Non Traditional: Yoga / Pilates Multi skills- balance and coordination	Athletics Skills/ Competitive sport Cambridge Scheme – Heptathlon	Athletics Skills/ Competitive sport Cambridge Scheme- Heptathlon
		OAA Cambridge Upper KS2 scheme	Netball Cambridge Scheme – Part 1 Games/ Netball	Swimming	Swimming	Multi skills/ Health & Fitness Challenge REAL PE Fusion games / H&F unit	OAA Cambridge Upper KS2 scheme
6		Invasion Games Cambridge Scheme – Part 1 Hockey	Dance Cambridge Scheme Football OR Why Bully Me?	Dance/ Gym skills of Balance and coordination taught through Boxing	Non Traditional: Yoga / Pilates Multi skills- balance and coordination	Health & Fitness Challenge REAL PE Fusion games / H&F unit	Top Up Swimming
		Leadership and Team Challenge Training for playmaker award OAA	Non Traditional: Table-Tennis	Invasion Games Cambridge Scheme – Part 1 Tag Rugby	Athletics Skills/ Competitive sport Cambridge Scheme – Part 1 Decathlon	Athletics Skills/ Competitive sport Cambridge Scheme – Part 1 Decathlon	OAA Cambridge Upper KS2 scheme

This Curriculum Map includes changes made due to COVID, with an increased focus on OAA and outdoor team games.