

Hazel Leys Academy – PSHE Long Term Plan (Jigsaw)

Term	Theme	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Autumn 1	Being in my world	<ul style="list-style-type: none"> Who...Me? How am I Feeling Today? Being at Nursery/School Gentle Hands Our Rights Our responsibilities Aspirations survey 	<ul style="list-style-type: none"> Special and Safe My Class Rights and Responsibilities Rewards and Feeling Proud Consequences Owning our Learning Charter Aspirations survey 	<ul style="list-style-type: none"> Hopes and fears for the year Rights and responsibilities Rewards and consequences Our Learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> Getting to know each other Our nightmare school Our dream school Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> Becoming a class team Being a citizen in school Rights, Responsibilities and democracy Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> My year ahead Being me in Britain Y5 responsibilities Rewards and consequences Our learning charter Owning our learning charter Aspirations survey 	<ul style="list-style-type: none"> My year ahead Being a global citizen (1 & 2) The Learning charter Consequences Owning our learning charter Aspirations survey
Autumn 2	Celebrating difference	<ul style="list-style-type: none"> What am I Good At? I'm Special, I'm Me! Families Houses and Homes Making Friends Anti-bullying Week 	<ul style="list-style-type: none"> The same as ... Different from ... What is bullying? What do I do about bullying? Making new friends Celebrating difference, celebrating me Anti-bullying Week 	<ul style="list-style-type: none"> Boys and girls Why does bullying happen? Standing up for myself and others Making a new friend Celebrating difference and still being friends Anti-bullying Week 	<ul style="list-style-type: none"> Families Family conflict Witness and feelings Witness and solutions Words that harm Celebrating difference: compliments Anti-bullying Week 	<ul style="list-style-type: none"> Judging by appearances Understanding influences Understanding bullying Problem solving Special me Celebrating difference: how we look Anti-bullying week 	<ul style="list-style-type: none"> Different cultures Racism Rumours and name calling Types of bullying Does money matter Celebrating difference across the world Anti-bullying week 	<ul style="list-style-type: none"> Am I normal? Understanding disability Power struggles Why bully? Celebrating difference Anti-bullying week
Spring 1	Dreams and goals	<ul style="list-style-type: none"> Challenge Never Giving Up Setting a Goal Obstacles and Support Flight to the Future Award Ceremony CMHA Week 	<ul style="list-style-type: none"> My treasure chest of success Steps and goals Achieving together Stretchy learning Overcoming obstacles Celebrating my success CMHA Week 	<ul style="list-style-type: none"> Goals to success My learning strengths Learning with others A group challenge Celebrating our achievement CMHA Week 	<ul style="list-style-type: none"> Dreams and goals My dreams and ambitions A new challenge Our new challenge Overcoming obstacles Celebrating my learning CMHA Week 	<ul style="list-style-type: none"> Hopes and dreams Broken dream Overcoming disappointment Creating new dreams Achieving goals We did it! CMHA Week 	<ul style="list-style-type: none"> When I grow up Investigate jobs and careers My dream job. Why I want it and the steps to get there. Dreams and goals of young people in other cultures How we can support each other Rallying support CMHA Week 	<ul style="list-style-type: none"> Personal learning goals Steps to success My dream for the world Helping to make a difference Recognising our achievements CMHA Week
Spring 2	Healthy me	<ul style="list-style-type: none"> Everybody's Body 	<ul style="list-style-type: none"> Being healthy Healthy choices 	<ul style="list-style-type: none"> Being healthy Being relaxed 	<ul style="list-style-type: none"> Being fit and healthy 	<ul style="list-style-type: none"> My friends and me Group dynamics 	<ul style="list-style-type: none"> Smoking Alcohol 	<ul style="list-style-type: none"> Food Drugs

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		<ul style="list-style-type: none"> We Like to Move it, Move it! Food Glorious Food Sweet Dream Keeping Clean Stranger Danger 	<ul style="list-style-type: none"> Clean and healthy Medicine safety Road safety Happy healthy me 	<ul style="list-style-type: none"> Medicine safety Healthy eating The healthy me café 	<ul style="list-style-type: none"> What do I know about drugs? Being safe Being safe at home My amazing body 	<ul style="list-style-type: none"> Smoking Alcohol Healthy friendships Celebrating my inner strength and assertiveness 	<ul style="list-style-type: none"> Emergency Aid Body image My relationship with food Healthy me 	<ul style="list-style-type: none"> Alcohol Emergency aid Emotional and mental health Managing stress
Summer 1	Relationships	<ul style="list-style-type: none"> My Family and Me! Make Friends, Make Friends, Never Break Friends (1 & 2) Falling Out and Bullying (1 & 2) Being the Best Friend We Can Be <p>• Walk to School Week</p>	<ul style="list-style-type: none"> Families Making Friends Greetings People who help us Being my own best friend Celebrating my special relationships <p>• Walk to School Week</p>	<ul style="list-style-type: none"> Families Keeping safe – exploring physical contact Friends and conflict Secrets Trust and appreciation Celebrating my special relationships <p>• Walk to School Week</p>	<ul style="list-style-type: none"> Family roles and responsibilities Friendship Keeping myself safe Being a global citizen (1 & 2) Celebrating my web of relationships <p>• Walk to School Week</p>	<ul style="list-style-type: none"> Relationship web Love and loss Memories Are animals special? Special pets Celebrating my relationships with people and animals <p>• Walk to School Week</p>	<ul style="list-style-type: none"> Recognising me Getting on and falling out Girlfriends and boyfriends Relationships and technology <p>• Walk to School Week</p>	<ul style="list-style-type: none"> My relationship web Love and Loss Power and Control Being safe with technology <p>• Walk to School Week</p>
Summer 2	Changing me	<ul style="list-style-type: none"> My Body Respecting My Body Respecting My Body Growing Up Growth and Change Fun and Fears Celebration 	<ul style="list-style-type: none"> Life cycles Changing me My changing body Boys and girls bodies Learning and growing Coping with changes 	<ul style="list-style-type: none"> Life cycles in nature Growing from young to old The changing me Boys and girls bodies Assertiveness Looking ahead 	<ul style="list-style-type: none"> How babies grow Babies Outside body changes Inside body changes Family stereotypes Looking ahead 	<ul style="list-style-type: none"> Unique me Having a baby Girls and puberty Circles of change Accepting changes Looking ahead 	<ul style="list-style-type: none"> Self and body image Puberty in girls Puberty for boys Conception Looking ahead Looking ahead to Y6 	<ul style="list-style-type: none"> Self and body image Puberty Girl talk/Boy talk Babies – conception to birth Attraction Transition to Secondary school